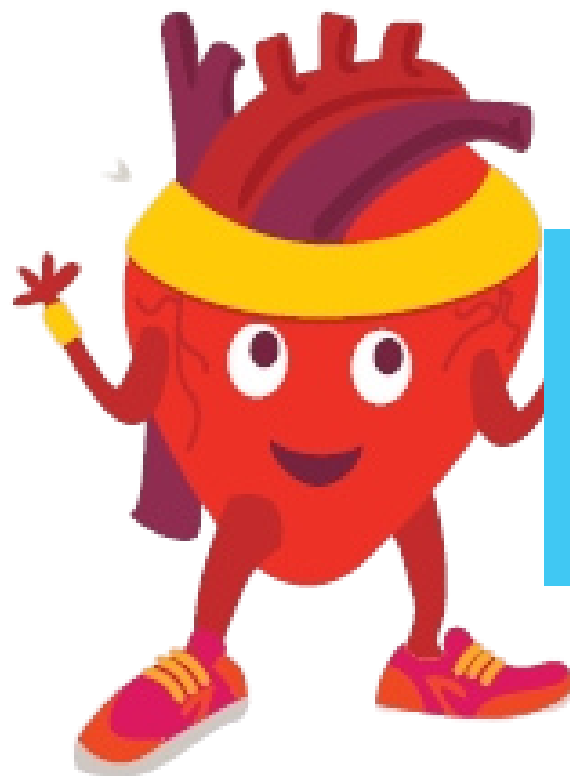


Mindfulness  
in progress

Ssshhhh...

**We are taking a few moments  
for mindfulness.**



**Please call back later.**



**Irish Heart  
Foundation**