Line as you Like

- Each pod stands in an assigned area within the room, maintaining distance between pods. An imaginary line is created in each pod's area, with enough room for pupils to move from one side to the other.
- One end of each line is designated 'really like', the other side 'really dislike' and the middle 'not sure/don't mind'. Signs with these words could also be stuck to the wall.
- Teacher explains that they will call out a specific thing (e.g. colours) and pupils walk to the part of their line that describes how they feel about that thing on a scale of 'really dislike' to 'really like'
- Teacher emphasises that everyone's choice should be their own and we might have different opinions than our friends. This shows that we are all unique.
- Words to call could use different themes like sports, physical activities, subjects, days of the week, music etc.
- When pupils have positioned themselves on the line, teacher can ask pupils to use one adjective to describe what they like/dislike about the chosen thing.

This activity could also be done outside with one long line for the whole class.

Learning across the Curriculum

This Bizzy Break can be used as a starting point to explore **opinions** and **preferences**. You might like to try the below activities.

SPHE

Irish Heart

Foundation

TOP

TIP

Strand: Myself and the wider world **Strand Unit:** Media education

- Analysing an advertisement for food aimed at children and discussing the techniques advertisers use to make people want to buy these foods.
- In groups, coming up with an advertisement (poster, video or performance) for a fruit or vegetable using some of the techniques discussed.
- SPHE

Strand: Myself **Strand Unit:** Making decisions

Listing, as a group, all of the decisions that pupils have made so far today and reflecting on how these choices were made. Discuss how pupils made certain decisions.

Additional printable and interactive resources to support these activities are available online at www.IrishHeart.ie