






Bizzy's Video Challenge



Irish Heart Foundation
The National Stroke & Heart Charity








| Day | Activity | Completed?  | Class reflection (Thoughts/ feelings on today's activity) |
|-----------|--|--|--|
| Monday | <p><i>Funky Fruit</i></p>  | <input type="checkbox"/> | |
| Tuesday | <p><i>Dance Dice</i></p>  | <input type="checkbox"/> | |
| Wednesday | <p><i>Looseners</i></p>  | <input type="checkbox"/> | |
| Thursday | <p><i>Huffers</i></p>  | <input type="checkbox"/> | |
| Friday | <p><i>Pupil voice</i> <i>Pupil choice</i></p> | <input type="checkbox"/> | |

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| Day | Activity | Completed?  | Class reflection (Thoughts/ feelings on today's activity) |
|-----------|---|--|--|
| Monday | <p><i>Opposites Game</i></p>  | <input type="checkbox"/> | |
| Tuesday | <p><i>Pencil Jumps</i></p>  | <input type="checkbox"/> | |
| Wednesday | <p><i>Stretchers</i></p>  | <input type="checkbox"/> | |
| Thursday | <p><i>Active Alphabet</i></p>  | <input type="checkbox"/> | |
| Friday | <p><i>Pupil voice</i> <i>Pupil choice</i></p> | <input type="checkbox"/> | |