

## WHEN STROKE STRIKES, ACT **F.A.S.T.**

**F**ACE

Has the person's face fallen on one side?  
Can they smile?

**A** RMS

Can the person raise both their arms  
and keep them there?

**S**PEECH

Is the person's speech slurred?

**T**IME

To call **112** or **999** if you see any  
single one of these signs.

Supported by



Bristol Myers Squibb



**Irish Heart**  
Foundation

# Stroke is a medical emergency.

Stroke is a brain attack. Early medical treatment can prevent further damage to the brain and reduce the likelihood of death and disability.

Keep this card in your wallet or purse to help you recognise the signs of stroke.

**[www.irishheart.ie](http://www.irishheart.ie)**

Supported by



**Irish Heart  
Foundation**