

Rain Shower

Pupils sit on, or stand behind, their chairs. Teacher narrates the following story and leads pupils with the accompanying actions.

Story	Action
It was a lovely sunny day; the washing was drying on the line and the birds were singing quietly in the trees	Flapping arms like wings and whispering "tweet, tweet".
The birds got louder...	Flap bigger and faster and tweet a little bit louder...
And louder...	And tweet a little bit louder.
Suddenly the birds stopped singing	Freeze.
The clouds went grey and the rain started to fall lightly on the roof	Rubbing palms of the hands together.
Dad ran out to bring the washing in when the rain started to get even heavier	Run on the spot (or move arms and legs if seated).
The dog ran and hid in the kennel when it started POURING down	Bang feet on the ground while drumming hands on hips.
But in the distance the clouds started to break, and a little bit of sun shone through.	Click fingers (or drum fingers onto palms).
And the sky got brighter...	Stretch arms up and clap gently overhead.
And brighter...	Stretch arms up to clap higher overhead and look up.
A beautiful rainbow appeared	Stretch arms slowly out and down in an arch like a rainbow.
And the birds, Dad and the dog were all happy!	Give yourself a big hug.

Learning across the Curriculum

This Bizzy Break can be used as a starting point to explore **weather** and **body percussion**. You might like to try the below activities.



Strand: Natural environments
Strand Unit: Weather

- Identifying what clothes are needed for different weather conditions (sorting or dress-up).



Strand: Listening and responding
Strand Unit: Exploring sounds

- Exploring different types of body percussion or simple percussion instruments to accompany a story.