Food Source

Curriculum Links:
SPHE - Strand: Myself **Strand Unit**:Taking Care of my Body
Mathematics - Strand: Early Mathematical Activities **Strand Unit**: Classifying

Learning Outcome:
Pupils identify foods by their source and classify the food as either food that comes from a plant or food that comes from an animal.

Teaching Notes:
Preparation
Pupils will be familiar with the food groups from the Food Groups presentation. In advance teachers could revisit the Food Groups presentation highlighting food that comes from plants and food that come from animals within each food group.

Differentiation
We have offered a variety of worksheets and resources depending on the ability of your class. Teachers can print, laminate and cut out the food sheet provided in advance of the class. Each pupil will be given a sheet and asked to sort the food into 'food that comes from an animal' and 'food that comes from a plant'. Alternatively pupils could draw the food directly onto the sheet. Older pupils can write the words directly into the box. There is a powerpoint lesson available online that would suit a group activity.

Teachers could continue the activity by calling out foods and writing the answers on the whiteboard.

Movement Break
Do you have a garden growing area in the school? It might be a nice movement break to bring pupils to the area to show them where fruit and vegetables grow.

In advance ask pupils where do fruit & vegetables come from? Where do they think fruit and vegetables grow?
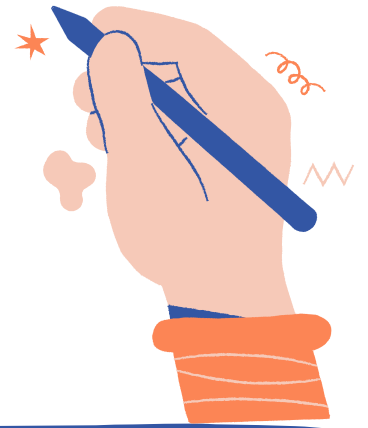
Irish Heart Foundation

WHERE DOES FOOD COME FROM?

All food comes from either a plant or an animal.
Can you choose the right source?
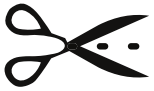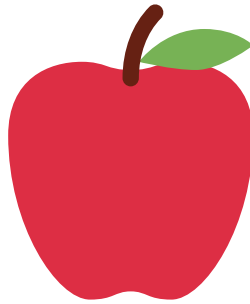Cut and paste the sheet attached or draw the food into
the correct box

Plant

Animal

Where does food come from?
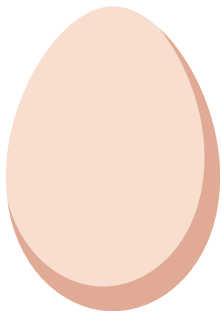
Plant or animal . Cut out and place in correct box.

Cheese

Apple

Sweetcorn

Egg
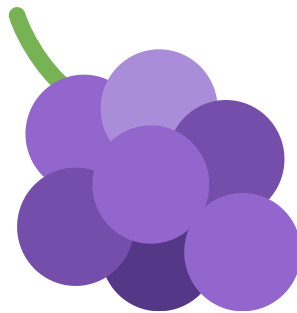
Grapes
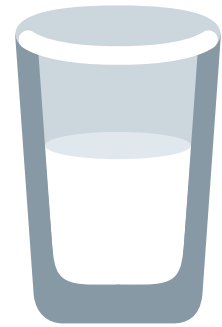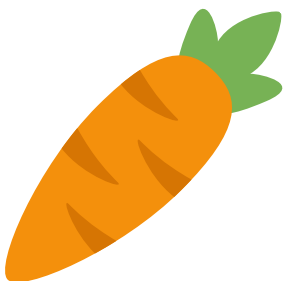
Milk

Carrot

Chicken Fillet

Banana

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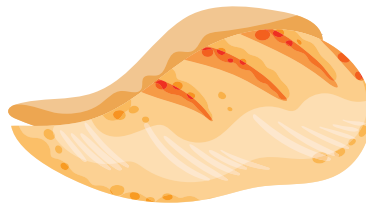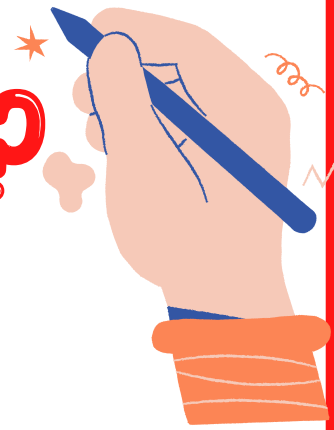
WHERE DOES FOOD COME FROM?

All food comes from either a plant or an animal.
Can you choose the right source?
Write the word inside the correct box

sweetcorn   milk   chicken   cheese

carrot   egg   grapes

yoghurt   lettuce   apple

PLANT

ANIMAL