

Alphabet Actions

Teacher puts on upbeat music and calls out the following verbal prompts for the following movement responses:

Equipment:

Flashcards with letters of the alphabet.

- **A for apple:** Reach up high to pick an apple from a tree and place in an imaginary basket.
- **B for bouncing ball:** Dribble an imaginary basketball.
- **C for climbing:** Lift knees to hip level and reach arms overhead in climbing motion.
- **D for dancing:** Dance and move to the music.
- **E for elephant:** Bring palms together with straight arms to make an elephant 'trunk'. Bend down to get water from a stream and spray water over right shoulder and left shoulder.
- **F for frog:** Jump like a frog on the spot.



TOP TIP

Encourage pupils to suggest other activities for different letters.

Learning across the Curriculum

This Bizzy Break can be used as a starting point to explore **letters** and **phonics**. You might like to try the below activities.

Visual Arts

Strand: Clay
Strand Unit:
Developing form
in clay

- Moulding first initial (or all letters) of name with clay, leaving unique fingerprints.

Primary Language Curriculum

Strand: Reading
Learning Outcome:
(4) Phonological and
phonemic awareness

- Reviewing what letters come next and what sounds they make.
- Writing words or drawing pictures of action words.