

Dance Dice

Teacher plays some upbeat music. Pupils sit on, or stand behind, their chairs. The dice is rolled and class performs the corresponding movement for the number.

Equipment:

Large dice (or online dice generator displayed on whiteboard), list of numbers and corresponding actions on whiteboard.



Skier: Feet together, knees bent, jump side to side, using arms.



Pirate: Climb the rigging with arms and legs.



Soldier: March on the spot with swinging arms.



Orchestra Conductor: Point fingers and swoop arms up and down and side to side.



Portrait Painter: Mime painting a canvas on an easel.



Irish Dancer: Dance the 1-2-3s.



Learning across the Curriculum

This Bizzy Break can be used as a starting point to explore **people living and working in the community**. You might like to try the below activities.



Strand: Human environments
Strand Unit: People living and working in the local area

- Discussing different jobs and roles played by people in the community.
- Identifying clothing for different types of jobs.



Strand: Drama to explore feelings, knowledge and ideas leading to understanding
Strand Unit: Exploring and making drama

- Acting out different jobs through mime.
- Role playing interactions with different people in the community.