

FREE Blood Pressure & Pulse Checks:

October 2026



Date	Time	Location	Eircode
October 1st	10am - 2:45pm	Cara Phort Family Resource Centre	N91 RD21
October 8th	9:30 - 4:45pm	Ballyfermot STAR	D10 FP66
October 9th	10m - 3:45pm	Dooradoyle Library	V94 AP03
October 11th	10:30am - 4:45pm	Newcastle West GAA Field	V42 Y320
October 13th	10am - 3:15pm	Kilkenny & Carlow Education & Training Board	R93 R2P0
October 14th	10am - 12:45pm	Belgard Community Centre	D24 YK38
Octber 27th	10am - 3:45pm	Rathkeale Community Centre	V94 V6R6
October 28th	10am - 3:45pm	St. Ita's Hall	V94 HXR2
October 29th	9:30 - 3pm	Croom Family Resource Centre	V35 E306