

# FREE Blood Pressure & Pulse Checks:

## March 2026



**Irish Heart  
Foundation**

The National Stroke & Heart Charity

Date	Time	Location	Eircode
March 4th	12pm-2:15pm	Hartstown Community Centre, Hartstown Road, Dublin 15	D15CY60
March 6th	9am-3:15pm	Rosemount GAA Club, Moate, Co. Westmeath	N37WR52
March 10th	10am-2:45pm	Elanora Court, Longmile Road, Walkinstown, Dublin 12	D12R7FA
March 11th	10am-3:45pm	Old School House, St Josephs Church, Kilmessan, Co. Meath	C15AP68
March 18th	11am-5pm	DLR Lexicon Library, Doran Park, Dun Laoghaire, Co. Dublin	A96H283
March 19th	10am-2:45pm	Lanesboro Library, Main Street Lanesboro, Co. Longford	N39 XC85
March 20th	10am-3:45pm	Leixlip Library, Captains Hill, Leixlip, Co. Kildare	W23WR96
March 25th	10:30am- 2:45pm	Clonmel Library, Mick Delahunty Square, Clonmel, Co. Tipperary	E91YW66
March 26th	10am-3:45pm	Cornmill Theatre, Main Street Carrigallen, Co. Leitrim	H12F4W0