

# FREE Blood Pressure & Pulse Checks:

## January 2026



**Irish Heart Foundation**  
The National Stroke & Heart Charity

Date	Time	Location	Eircode
January 5 <sup>th</sup>	10am-4:45pm	North Clondalkin Library	D22 E2Y2
January 6 <sup>th</sup>	10am-3:45pm	Southgate Shopping Centre	A92 YK7W
January 8 <sup>th</sup>	10am-3:45pm	Bonnybrook Pharmacy	D17 TD35
January 9 <sup>th</sup>	10am-3:45pm	Roselawn Shopping Centre	D15 P20Y
January 14 <sup>th</sup>	10am-3:45pm	Hidden Hearing Kimmage	D12 XK83
January 15 <sup>th</sup>	10am-2:45pm	Dundalk Library	A91 RC44
January 16 <sup>th</sup>	11am-3:45pm	Balbriggan Library	K32 TW27
January 21st	10am-3:45pm	Hidden Hearing Gorey	Y25 K026
January 22 <sup>nd</sup>	10am-3:45pm	Hidden Hearing Wexford	Y35 F7XW
January 23 <sup>rd</sup>	11am-3:45pm	Naas Library	W91 E1RT
January 30 <sup>th</sup>	10:30am-4:15pm	Blanchardstown Library	D15 RY73

This vehicle does not carry  
any medicines or money