

FREE Blood Pressure & Pulse Checks:

February 2026



Irish Heart Foundation
The National Stroke & Heart Charity

Date	Time	Location	Eircode
February 3rd	10am-2:45pm	Longford Library, Longford Town, Co. Longford	N39R7R6
February 5th	10am-3:45pm	Castletymon Library, Dublin 24	D24EC1X
February 6th	10am-2:45pm	Ballymahon Library, Main St, Ballymahon, Co. Longford	N39E5C7
February 10th	11am-4:45pm	Castleblayney Library, Market Sq, Castleblayney, Co. Monaghan	A75V383
February 11th	9:30am-4:45pm	Baldoyle Library, Strand Rd, Dublin 13	D13Y304
February 12th	10am-1:45pm	St. Andrews Community Centre, 468 South Circular Rd, Dublin 8	D08 H51F
February 13th	10am-2:45pm	Dunleer Library, Main St, Dunleer, Co. Louth	A92 DRV0
February 16th	10am-3:45pm	South West Wexford Family Resource Centre, Ramsgrange, Co. Wexford	Y34DP26
February 19th	11am-3:45pm	Monaghan Library, Plantation Rd, Co. Monaghan	H18 RP20
February 20th	9am-3:45pm	Finnegans Pharmacy, Sallynoggin, Co. Dublin	A96 R2T8
February 25th	11am-4:15pm	Mill Family Resource Centre, Main St Urlingford, Co. Kilkenny	E41 E1W1
February 26th	1pm-6pm	Roscommon Library, Abbeytown, Co. Roscommon	F42RP49