

# Basic Life Support

## Infant CPR

### Skills Testing Checklist (1 of 2)



Student Name \_\_\_\_\_ Date of Test \_\_\_\_\_

In-Hospital Scenario: "You see a person run through the door carrying an infant. They shout, 'Help me! My baby's not breathing.' You have gloves and a pocket mask. You send your coworker to activate the emergency response system and to get the emergency equipment."

Out-of-Hospital Scenario: "You arrive on the scene for an infant who is not breathing. Hands-Only CPR is in progress. You approach the scene and ensure that it is safe. Demonstrate what you would do next."

#### Assessment and Activation

- |  |  |
|--|--|
| <input type="checkbox"/> Checks responsiveness | <input type="checkbox"/> Shouts for help/Activates emergency response system |
| <input type="checkbox"/> Checks breathing      | <input type="checkbox"/> Checks pulse  |

Once student shouts for help, instructor says, "Here's the barrier device."

#### Cycle 1 of CPR (30:2) \*CPR feedback devices are preferred for accuracy

##### Infant Compressions

- ☐ Performs high-quality compressions\*:
  - Placement of the heel of 1 hand in the center of the chest, just below the nipple line
  - 30 compressions in no less than 15 and no more than 18 seconds
  - Compresses at least one third the AP diameter of the chest, approximately 4 cm
  - Complete recoil after each compression

##### Infant Breaths

- ☐ Gives 2 breaths with a barrier device:
  - Each breath given over 1 second
  - Visible chest rise with each breath
  - Resumes compressions in less than 10 seconds

#### Cycle 2 of CPR (repeats steps in Cycle 1) Only check box if step is successfully performed

- |                                       |                                  |   |
|---------------------------------------|----------------------------------|---|
| <input type="checkbox"/> Compressions | <input type="checkbox"/> Breaths | <input type="checkbox"/> Resumes compressions in less than 10 seconds |
|---------------------------------------|----------------------------------|---|

Rescuer 2 arrives with bag-mask device and begins ventilation while Rescuer 1 continues compressions with 2 thumb-encircling hands technique.

#### Cycle 3 of CPR

##### Rescuer 1: Infant Compressions

- ☐ Performs high-quality compressions\*:
  - 15 compressions with 2 thumb-encircling hands technique
  - 15 compressions in no less than 7 and no more than 9 seconds
  - Compresses at least one third the AP diameter of the chest, approximately 4 cm
  - Complete recoil after each compression

##### Rescuer 2: Infant Breaths

*This rescuer is not evaluated.*

(continued)

Basic Life Support  
**Infant CPR**  
**Skills Testing Checklist (2 of 2)**



Student Name \_\_\_\_\_

Date of Test \_\_\_\_\_

(continued)

**Cycle 4 of CPR**

**Rescuer 2: Infant Compressions**

*This rescuer is not evaluated.*

**Rescuer 1: Infant Breaths**

☐ Gives 2 breaths with a bag-mask device:

- Each breath given over 1 second
- Visible chest rise with each breath
- Resumes compressions in less than 10 seconds

**STOP TEST**

**Instructor Notes**

- Place a check in the box next to each step the student completes successfully.
- If the student does not complete all steps successfully (as indicated by at least 1 blank check box), the student must receive remediation. Make a note here of which skills require remediation (refer to instructor manual for information about remediation).

**Test Results** Check **PASS** or **NR** to indicate pass or needs remediation:

☐ **PASS**

☐ **NR**

Instructor Initials \_\_\_\_\_ Instructor Number \_\_\_\_\_ Date \_\_\_\_\_