

FREE Blood Pressure & Pulse Checks:

November 2025



**Irish Heart
Foundation**
The National Stroke & Heart Charity

Date	Time	Location	Eircode
November 3rd	8am-3:45pm	Old Conna Golf Club, Old Connaught, Bray, Co.Dublin	A98 H977
November 4th	8am-3:45pm	Old Conna Golf Club, Old Connaught, Bray, Co.Dublin	A98 H977
November 5th	9:30am-4:45pm	Ballyfermot Star, 7 Drumfinn Park, Dublin 10	D10 FP66
November 10th	11:30am-4:15pm	Portlaoise Library, 23 main street, Maryborough, Portlaoise, Co. Laois	R32 N7EP
November 11th	11am-3:45pm	Our Lady Queen of Peace, Putland Road, Bray, Co. Wicklow	A98 D5Y2
November 14th	9:30am-1:45pm	Huntstown Community Centre, Huntstown Way, Dublin 15	D15 W921
November 19th	10am-2:45pm	Ballymun Child and Family Resource Centre, Shangan Green, Dublin 9	D09 W921
November 26th	10:30am-4:15pm	Ballybane Library, Ballybane Neighbourhood Village, Castlepark Road, Galway	H91 FX98
November 27th	11am-3:45pm	West Clare Family Resource Centre, Kilrush Community Centre, Toler Street, Co. Clare	V15 VK31
November 28th	10am-3:45pm	Daybreak Ahascragh, Main Street, Ahascragh, Ballinasloe, Co. Galway	H53 V384