

FREE Blood Pressure & Pulse Checks:

October 2025



**Irish Heart
Foundation**
The National Stroke & Heart Charity

Date	Time	Location	Eircode
October 10th	10am-1:45pm	Serenity House, Main Street, Kinnegad, Co. Westmeath	
October 11th	11am-2:45pm	Moneygall Football Club, Moneygall, Co. Offaly	
October 14th	10am-3:45pm	Dublin 24 Womens Shed, The Park Community Centre, Parklands Road, Dublin 24	D24AH70
October 15th	5pm-8:45pm	Moate Rugby Club, Midland Warriors New Grounds, The Bawnoges, Moate, Co. Westmeath	
October 17th	10am-3:45pm	Daybreak Cahir, Woodview Service Station, Mitchelstown Road, Cahir, Co. Tipperary	E21 KF60
October 20th	10am-1:45pm	Bloom HQ, Unit 1, Brigidine Convent, Patrick Street, Mountrath, Co.Laois	R32 DT9F
October 24th	8:30am-2:15pm	Gathering Grounds, Kilternan Church of Ireland, Kilternan, Co. Dublin	D18 ET99
October 30th	11am-3:45pm	The Arklow Bay Hotel, Sea Road, Arklow, Co. Wicklow	Y14 DX02
October 31st	11am-2:45pm	High Street, Ballymore, Co. Westmeath	N91V26C