

FREE Blood Pressure & Pulse Checks:

July 2025



**Irish Heart
Foundation**
The National Stroke & Heart Charity

Date	Time	Location	Eircode
July 1 st	9am-2:45pm	Dominic’s Community Centre, Avonbeg Gardens, Tallaght, Dublin 24	D24 KW58
July 2nd	9am-4:45pm	Teagasc Moorepark Open Day, Moorepark, Fermoy, Co. Cork	P61 P302
July 4th	10am-4:15pm	Athy Library, Convent Lane, Athy, Co. Kildare	R14 DK33
July 7th	10am-4:15pm	Ballywaltrim Library, Boghall Road, Bray, Co. Wicklow	A98 DK31
July 8th	10am-1:45pm	Daybreak Brittas Bay, Ballynacarrig, Brittas Bay, Co. Wicklow	A67 HN29
July 9th	10am-1:45pm	Daybreak Newcastle, Watchorns Service Station, Newcastle, Co. Wicklow	A63 YK12
July 10th	10pm-3:45pm	Daybreak Gandon Inn, Emo, Portlaoise, Co. Laois	R32 A256
July 11th	10am-4:15pm	Lexlip Library, Captails Hill, Leixlip, Co. Kildare	W23WR96
July 14th	10am-2:15pm	Dee Hub, Market Square, Ardee, Co. Louth	A92 Y590
July 18th	10am-3:45pm	Newbridge Library, Athgarvan Road, Newbridge, Co. Kildare	W12 W861

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Date	Time	Location	Eircode
July 22nd	11am-3:45pm	Dunleer Library, Main Street, Dunleer, Co. Louth	A92 DRV0
July 24th	10:30am-3:45pm	Kilkenny County Council Library Service (Castlecomer Branch), Kilkenny Street, Castlecomer, Co. Kilkenny	R95 AH33
July 25th	10am-4:15pm	Daybreak Graiguenamanagh, Fairview Service Station, Borris Road, Graiguenamanagh, Co. Kilkenny	R95 A0CK
July 30th	10am-3:45pm	Daybreak Bruckless, Bruckless, Co. Donegal	F94 DKX4