

Patient Champion Volunteer role description

Role title	Patient Champion Volunteer
Reporting to	Programme Lead
Time Commitment	This is a flexible role. We would ask you to commit 3-4 hours per week initially for training / followed by campaign time as required. Remotely based but may involve travel when required (would include transport re-imbursement).
Purpose of the role	<p>The aim of the Patient Champion role is heart or stroke patients to become a spokesperson/advocate in their community for heart or stroke patient issues, through the support of the Irish Heart Foundation.</p> <p>Community advocacy could take many forms, from being willing to write letters to your TD or attend their clinics about an issue that the Irish Heart Foundation are campaigning for nationally, being willing to do interviews on local media, or a presentation to a group about living as a heart/stroke patient.</p> <p>As well as helping spread awareness about the Irish Heart Foundation's Advocacy efforts, we hope to hear about local/regional patient issues that you feel are affecting heart or stroke patients in your area, to assess the possibility of supporting these issues at an organisational level.</p>
What you will be doing	<p>Act as a community ambassador for the charity at local level and support our campaigns such as our F.A.S.T or Her Heart Matters campaigns, for example we may ask you to visit a local workplace to thank them for their support.</p> <p>Delivering talks to local community groups, schools, etc. about the work of the Charity and the ways in which they could help us achieve our goals.</p> <p>Advocate for patient issues on local and social media in tandem with IHF guiding principles and policies.</p> <p>Because you will be representing the Irish Heart Foundation in your local community, it will be requirement that any campaign issue you intend to speak about be discussed in advance with the organisation and not contrary in any way to the organisation's ethos, other policies, or strategy.</p>

<p>Skills, experience, and qualities needed</p>	<ul style="list-style-type: none"> • Over 18 • A heart or stroke patient • Passionate about heart or stroke patient issues • Good communication and interpersonal skills • Tech savvy – email, social media, zoom • Confident public speaker with excellent communication skills • Comfortable working as part of a team • Honest and reliable • Excellent organisational skills
<p>What you could get out of it</p>	<ul style="list-style-type: none"> • Comprehensive induction, training, and ongoing support. • Ongoing guidance and support from their Advocacy Campaign Manager through the Patient Champion network • Learn about IHF campaigning work. • Being part of a friendly and diverse team. • Reference • Access to our EAP
<p>Other relevant information</p>	<p>This role requires the volunteer to have a Garda Vetting check. Guidance on how to do this will be provided by the IHF Volunteer Programme Team</p>
<p>Benefits of Volunteering with The Irish Heart Foundation</p>	<ul style="list-style-type: none"> • Full training provided & ongoing support and guidance. • Insights and understanding about social inclusion issues • References provided upon completion of required period of service. • Experience of working with a national charity and to be part of our volunteer community • Employee Assist Programme (EAP) for you and your family • Make a valuable contribution to heart patients and stroke survivors recovery journey • Opportunity to progress into other roles
<p>What to do if you're interested</p>	<p>Email ihfvolunteer@irishheart.ie</p>