



**Irish Heart  
Foundation**

# Healthy Eating Award Employee Survey

**As part of aiming for the Irish Heart Foundation healthy eating award we are focusing on ensuring healthier choices in the restaurant and are seeking your views:**

- Are you interested in healthy options in the staff restaurant?

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- Are you happy with the options currently available?

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- What options would you like to see more/less of?

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- What would help you to eat more healthily in the restaurant?

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- What type of healthy eating information would you like to have access to e.g. literature, videos, e-mails or posters?

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For further information please contact your co-ordinator: \_\_\_\_\_

*Thank you for taking the time to complete this questionnaire.*