

Name: \_\_\_\_\_

Year: \_\_\_\_\_

Class: \_\_\_\_\_



**Irish Heart  
Foundation**

The National Stroke & Heart Charity

**Your voice is powerful and important. You can use your voice to make change in your community and in the country as a whole. Share your worries about vaping with your local TD and let them know you want things to change.**

### What we are calling for:

At the Irish Heart Foundation, we are calling on the government to:

- Introduce a full ban on all forms of disposable vaping.
- Introduce a ban on all vape flavours, except tobacco flavour.
- Introduce a complete ban on all forms of vape advertisements, including online.
- Introducing Tobacco 21 – increasing the legal age of sale of all tobacco and vaping products from 18 to 21.

### How to send your email

Writing to your local TD

1. Find your local TD here - <https://www.oireachtas.ie/en/members/>
2. Find their email address `firstname.surname@oireachtas.ie`
3. Write your email to them. The next page will help you write your email.

### Brainstorm

What worries me about vaping?

- 1.
- 2.
- 3.

- 1.
- 2.
- 3.

What do I want my TD to do about vaping?

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**Each section will help you to draft an email to your TD. Once finished, type it up and send it to your local TD.**

### **Introduction**

In this section tell your TD your **name, age, where you live** and what **school you go to**:

*Dear [name of your TD],*

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### **Why you are writing**

In this section tell your TD why you are writing to them:

I am writing to you today about...

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I am worried about this because...

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### **Ask your TD**

In this section ask your TD what they are doing to solve the problem:

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Tell your TD what you would like them to do (examples on the previous page):

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*Sincerely,*

*[your name]*