

FREE Blood Pressure & Pulse Checks: November 2023



**Irish Heart
Foundation**

The National Stroke & Heart Charity

Date	Time	Location	Eircode
Nov 6th	9am-1:45pm	Women’s Community Project Association, Mullingar, Co. Westmeath	N91 AWH7
Nov 7th	10am-3:45pm	Kilmessan Community Hall, Co. Meath	C15 H765
Nov 9th	10am-1:45pm	West Clare Family Resource Centre, Co. Clare	C15 H765
Nov 10th	9am-3:45pm	Bree Community Centre, Enniscorthy, Co. Wexford	Y21 XF95
Nov 14th	11am-12:45pm	Bohermeen Active Retirement, Co Meath	C15 XW97
Nov 15th	10am-1:45pm	Mulhuddart Community Centre, Co Dublin	D15 R2VF
Nov 20th	11:30am-3:15pm	James O’Keeffe Memorial Institute, Co. Cork	P51 C5YF
Nov 22nd	10am-3:45pm	Ballyfermot Library, Co. Dublin	D10 WV02
Nov 23rd	9am-3:35pm	Health & Fitness Summit Ballymun, Trinity Comprehensive School, Ballymun Road, Co. Dublin	D09TN22
Nov 24th	9am-3:45pm	Health & Fitness Summit Ballymun, Trinity Comprehensive School, Ballymun Road, Co. Dublin	D09TN22
Nov 27th	9am-4:45pm	Meath County Council, Buvinda House, Dublin Road, Navan, Co. Meath	C15 Y291
Nov 29th	9am-2:45pm	Darndale Belcamp Village Centre, Priorswood, Dublin 17	D17 HC93
Nov 30th	10am-2:45pm	Brackagh, Broomfield, Castleblayney, Co. Monaghan	A75 YR90