

Job Description:

Happy Heart Healthy Eating Award Contractor Dietitian

Job title	Happy Heart Healthy Eating Award – Contractor Dietitian (2-3 days per month)
Reporting relationship	Orna O’Brien, Registered Dietitian, Irish Heart Foundation Happy Heart Healthy Eating Award programme coordinator
Contract	Part-time contractor (sessional)
Regions covered	Leinster
About the Irish Heart Foundation	<p>The Irish Heart Foundation is a community of people who fight to protect the cardiovascular health of everyone in Ireland. Together we are working to eliminate preventable death and disability from heart disease and stroke, and to support and care for those living with these life-changing conditions. We work to achieve this by:</p> <ul style="list-style-type: none"> • Caring for and speaking out for people in the community living with heart conditions and stroke, and their families. • Innovating and leading in health promotion and prevention to change health behaviours and reduce cardiovascular risk. • Building a nation of lifesavers through CPR training. • Campaigning and advocating for policies that support people to live healthier lives.
About the programme	<p>The Happy Heart Healthy Eating Award is a unique health promotion programme created by the Irish Heart Foundation in the mid-1990s. We have continuously developed the programme over the past 25+ years with the support of the HSE. In partnership with the HSE, catering facilities in healthcare services are assisted and supported to:</p> <ul style="list-style-type: none"> • Adopt healthier cooking practices and provide healthier food choices. • Align food and beverage provision with the HSE Nutrition Standards for provision of food and beverages to staff and visitors.

	Further information on the Happy Heart Healthy Eating Award is available on our website .
Role description	<p>Due to the continued success of the Happy Heart Healthy Eating Award initiative, we wish to engage a contract dietitian for sessional work on this programme. Operating as an independent contractor, the individual will carry out catering audits in staff restaurants with the aim of enabling the restaurants to provide and promote healthy options to employees. During the onsite visit, he/she will also provide general advice and support to workplaces that are implementing a healthy eating programme.</p> <p>It is anticipated that the successful candidate will be required to work in primarily the Leinster area for approximately 2-3 days/month, although the location and frequency may vary. Note the majority of healthcare sites in Leinster are based in/near Dublin. Full training will be provided, in advance of work commencing and on an ongoing basis. It is expected that the individual would commit to at least one year with the Foundation, following completion of initial training.</p>
Essential Requirements	<ul style="list-style-type: none"> • CORU registered / eligible for CORU registration • Current member of the Irish Nutrition and Dietetic Institute • Holder of a full clean driving license • Availability to visit healthcare sites nationwide during lunchtime service on weekdays
Desirable Criteria	<ul style="list-style-type: none"> • Experience of delivering health promotion programmes or working with catering/food services • Evidence of completion of behaviour change training
Closing date for applications	Friday 17 th February 2023

[Further information on the Happy Heart Healthy Eating Award is available here](#)

Interested parties should submit a **cover letter** and **short CV** to Orna O'Brien, Registered Dietitian at oobrien@irishheart.ie Informal telephone queries to Orna at (01) 668 5001.