



## FAQ – Walk 100km with Your Dog in June Facebook Challenge

### Registration Process

- **Is the Registration free?**  
Yes, the registration is completely free. We strongly encourage you to start a fundraiser [HERE](#) so you can help support the Irish Heart Foundation.
- **Where do I register?**  
You can join the Facebook Group [HERE](#) and register for your fundraising pack and Doggie Bandana in the link at the top of the group.
- **What is in the registration package?**  
The registration package has your Irish Heart Foundation doggie bandana for your best friend to wear during the challenge.
- **My family member/friend wants to join. How can they do that?**  
That is great! If they are fundraising, ask them to follow the Facebook group link to register and set up a fundraiser page.
- **When will I get my registration package?**  
Once you complete the registration for your doggie bandana, please allow up to 14 business days to arrive.
- **Is there a deadline to register?**  
The registration will remain open until May 31, 2022. We have a limited supply of bandanas so register early to guarantee you'll receive a registration package.
- **Remember: if you are under 18 you need a parent or a guardian to agree you can take part in the challenge.**

### Donations

- **Can I donate to my own page?**  
Yes, of course! Lead by example - then invite your friends and family to donate as well.
- **Can one person donate more than once?**  
Yes. There are no limits on how many donations one can make.
- **My friends don't have Facebook. Can they still donate to my fundraiser page?**  
Unfortunately, they cannot donate on Facebook. They can give you the cash or transfer you the funds (via Revolut, PayPal, Online Banking etc) and you can add the donation to your fundraiser yourself.



# Irish Heart Foundation

- **How much do I have to raise?**  
Facebook fundraisers are automatically set-up with a target amount of €150, but you can customize your fundraiser to any amount.
- **My friend made a donation with the wrong amount. How do they get a refund?**  
Please have your donor reach out to Facebook using this [link](#).
- **My page still has no donations. How do I make people donate?**  
Sorry to hear that! Have you invited friends on Facebook to donate? A great way to kick off your fundraising is by posting the fundraising to your Facebook page and tagging friends to ask them to give. If you'd like fundraising tips and tricks posting in the challenge group can offer tips and tricks from others fundraising.
- **I have collected money offline - How can I send these donations?**  
You can always donate the amount to your own Fundraising Page via credit card.

## About the Fundraising Page

- **Where do I set up my fundraising page?**  
Just follow this [link](#) and follow the instructions. It is quite simple!
- **Is my fundraiser page public?**  
Yes, once you set up a fundraising page anyone of your friends and family can donate and share!
- **Can I edit the information to make it in memory of a loved one?**  
Yes, you can. There is an edit (or manage) button on your fundraiser page where you can make your tribute for your loved one and edit all information.
- **Can I share my page outside Facebook?**  
Yes, you can! All your friends and family should be able to follow the link and donate to your fundraising page.

## About the Walk 100km with Your Dog Challenge

- **Can I start the challenge without my doggie bandana?**  
Absolutely - you can start tracking your KMs the first day of June. When your pack arrives, you can wear it while you're walking with your best friend to raise awareness.
- **Can I start early/finish after?**  
Our goal is to walk 100km miles during the month of June but you can start and finish a bit early to hit your goals!
- **How do I track my total KMs?**  
The best way to log your KMs is on your fundraising page. This is how we will be tracking people's progress for your kilometres to count you need to post them to your fundraising page. Your dog will be a certified personal trainer and you will earn your end-of-challenge medal by posting there for all your friends to see. 🏆
- **How to track your distance**



# Irish Heart Foundation

We will send you a daily tracker form with your fundraising pack to write your kilometres every day. To log your KMs, use whatever tracker you'd like - Apple Health, Strava, or a good old-fashioned pedometer.

- **Can I walk more than 100 kilometres?**  
Of course! If you want to set your own KMs goal - go for it!
- **What if I fail to complete the challenge?**  
We would love to see everyone completing the challenge but we understand that tackling 100km might not be feasible in a month - every KM you log gets us closer to our goal so thank you for participating!
- **Can I jog/run/cycle instead of jog?**  
Of course! If you prefer a different kind of physical activity - go for it! We want you to move however, you're comfortable so feel free to bike, run, or walk - as long as you're moving you're helping us hit our goal.