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| **Job Title** | **Health Promotion Officer (Children & Young People)** |
| **Manager** | **Children and Young People Programme Manager** |
| **Contract** | **Full time contract post 2 years with potential to extend for 1-2 years.** |

The Irish Heart Foundation is Ireland’s national charity dedicated to fighting heart disease and stroke. Every hour someone in Ireland suffers a stroke and every day hundreds of people are diagnosed with heart conditions. The lives of these people are often cut tragically short. Many are left with disabilities. Almost 9,000 die from heart conditions and stroke every year in Ireland making cardiovascular disease one of the nation’s biggest killers. We work to turn this around – support people to live healthy lives and avoid cardiovascular disease, but also to support people living with heart conditions and stroke.

**The Role**

The Children and Young People team run health and wellbeing programmes in schools nationwide at both primary and post primary school level. We are passionate about reaching those most at need, finding innovative solutions to health challenges. The successful candidate will have the opportunity to design some unique and high-profile projects working collaboratively within a team setting and with stakeholders. We believe in co-designing holistic approaches to health promotion to create programmes that are meaningful for children, young people and their schools.

**Key Responsibilities**

* Working closely with the Children and Young People Programme Manager to carry out a needs assessment for a school-based interventions.
* Work closely with schools to build key relationships and partnerships in the school community.
* Facilitate focus groups and workshops with the school community.
* Co-design programmes with young people, teachers, and relevant stakeholders with the children and young people team and other subject experts.
* Create a targeted engagement strategy for schools for our programmes.
* Develop and pilot materials and resources for programmes that fit within the school curriculum and frameworks working with subject experts.
* Deliver training for schools as required.
* Act as an on the ground representative for the organisation working directly with schools.
* Work alongside the Irish Heart Foundation’s Youth Advisory Panel and organise activities for each of the sessions.
* Prepare reports for management and schools as required.
* Plan and organise the logistics for schools, liaise with key contacts, as necessary for key programmes.

The above is a guide to the nature of the work required. It is not wholly comprehensive or restrictive. This job description will be reviewed in line with business needs.

**Skills and Experience Required**

**Education**

A relevant third level qualification in Health Promotion, or allied health discipline.

Minimum 2 years relevant experience preferably in health promotion.

**Skills (E=essential; D=desirable)**

* Understanding of school health promotion. (E)
* Experience in facilitation of groups across a variety of stakeholders. (E)
* Experience in delivery of health promotion programmes/training in schools or community setting (E)
* Experience working directly with children, young people or families. (D)
* A passion for user centered, youth led approaches or co-creation approaches to health promotion. (E)
* Ability to build rapport, to listen and have empathy and find opportunities to support schools as they arise. (E)
* Knowledge of health behaviour change models and techniques. (E)
* Ability to build rapport, to listen and have empathy and find opportunities to support schools as they arise. (E)
* Demonstratable experience of creative approaches to health promotion. (D)
* Understanding of health literacy. (D)
* Experience of working on curriculum-based programmes and education frameworks. (D)
* Knowledge and experience of working in an educational setting, ideally experience working in disadvantaged communities. (D)
* Understanding and knowledge of health inequalities or community development. (D)
* Strong skills in CANVA design (D) or similar and PowerPoint essential. (E)
* Strong communication (verbal and written) and interpersonal skills. (E)
* A self-motivated person with strong administration, communication and time management skills with an ability to prioritise workload, plan and work to multiple deadlines in a demanding environment. (E)
* Ability to represent the Irish Heart Foundation in a professional manner at all times. (E)
* Membership of the Health Promotion Practitioners’ register and the Association for Health Promotion Ireland . (D)

***This role requires Garda Vetting and a full clean driving licence and own car.***

***Details of Role and Application process***

*This is a full-time role, Monday to Friday. The role is based in the Irish Heart Foundation’s offices in Rathmines, Dublin, some travel to schools will be required as part of this role. Currently staff are working remotely and the successful candidate will be supported to work remotely initially according to public health guidelines.*

*To apply please provide an up to date curriculum vitae and cover letter outlining how you suit the post by email to Siobhan Browne, HR Consultant*

***Email: hr@irishheart.ie***

*The closing date for this position is Friday September 24th 2021*

**The Irish Heart Foundation is an equal opportunities employer.**

***The Irish Heart Foundation has a no smoking policy. Employees are not permitted to smoke whilst undertaking any duties on behalf of the Foundation.***