**Sample Agenda for ACLS Traditional Update Course**

**12 Students, 2 ACLS Instructors; approximately 8 to 9 hours with breaks**

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| 8:30 **Lesson** **START:** Welcome, Introductions, and Course Administration  8:45 **Lesson 1:** ACLS Course Overview and Organization  8:55 **Lesson ACLS-Traditional 2:** Systems of Care  9:05 **Lesson ACLS-Traditional 3:** The Science of Resuscitation  9:20 **Lesson ACLS-Traditional 4:** Systematic Approach  9:35 **Lesson ACLS-Traditional 5:** CPR Coach | | |
| ***Divide class into 2 groups*** | **Lesson 6**  Testing Station: High-Quality BLS  **(Lesson 2 in ACLS Lesson Plans)** | **Lesson 7**  Testing Station: Airway Management  **(Lesson 3 in ACLS Lesson Plans)** |
| 9:45 | Group 1 | Group 2 |
| 10:30 | Break | |
| 10:40 | Group 2 | Group 1 |
| ***One large group (or 2 small groups)***  11:25 **Lesson 8:** Technology Review **(Lesson 4 in ACLS Lesson Plans)**  11:40 **Lesson 9:** High-Performance Teams **(Lesson 7 in ACLS Lesson Plans)**  12:10 **Lunch** | | |
| ***Divide class into 2 groups*** | **Lesson 10**  Learning Station: High-Performance Teams: Megacode Practice  **(Lesson 9 in ACLS Lesson Plans)** | **Lesson 10**  Learning Station: High-Performance Teams: Megacode Practice  **(Lesson 9 in ACLS Lesson Plans)** |
| 1:05 | Group 1 | Group 2 |
| 3:25 **Break** | | |
| ***Divide class into 2 groups*** | High-Performance Teams: Megacode Testing and Megacode Testing Details  **(Lessons T2-T4 in ACLS Lesson Plans)** | High-Performance Teams: Megacode Testing and Megacode Testing Details  **(Lessons T2-T4 in ACLS Lesson Plans)** |
| 3:35 | Group 1 | Group 2 |
| ***One large group (as students finish Megacode Test)***  4:45 Exam (T5-T6)  5:30 Remediation/Class Ends  **Optional: ACS and Stroke Lessons (Lessons ACLS-Traditional 7 and ACLS-Traditional 8)** | | |