**Sample Agenda for ACLS Traditional Update Course**

**12 Students, 2 ACLS Instructors; approximately 8 to 9 hours with breaks**

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| 8:30 **Lesson** **START:** Welcome, Introductions, and Course Administration8:45 **Lesson 1:** ACLS Course Overview and Organization8:55 **Lesson ACLS-Traditional 2:** Systems of Care9:05 **Lesson ACLS-Traditional 3:** The Science of Resuscitation 9:20 **Lesson ACLS-Traditional 4:** Systematic Approach 9:35 **Lesson ACLS-Traditional 5:** CPR Coach |
| ***Divide classinto 2 groups*** | **Lesson 6**Testing Station: High-Quality BLS **(Lesson 2 in ACLS Lesson Plans)** | **Lesson 7**Testing Station: Airway Management **(Lesson 3 in ACLS Lesson Plans)** |
|  9:45 | Group 1 | Group 2 |
| 10:30 | Break |
| 10:40 | Group 2 | Group 1 |
| ***One large group (or 2 small groups)***11:25 **Lesson 8:** Technology Review **(Lesson 4 in ACLS Lesson Plans)**11:40 **Lesson 9:** High-Performance Teams **(Lesson 7 in ACLS Lesson Plans)**12:10 **Lunch** |
| ***Divide classinto 2 groups*** | **Lesson 10**Learning Station: High-Performance Teams: Megacode Practice **(Lesson 9 in ACLS Lesson Plans)** | **Lesson 10**Learning Station: High-Performance Teams: Megacode Practice **(Lesson 9 in ACLS Lesson Plans)** |
| 1:05 | Group 1 | Group 2 |
| 3:25 **Break** |
| ***Divide classinto 2 groups*** | High-Performance Teams: Megacode Testing and Megacode Testing Details**(Lessons T2-T4 in ACLS Lesson Plans)** | High-Performance Teams: Megacode Testing and Megacode Testing Details**(Lessons T2-T4 in ACLS Lesson Plans)** |
| 3:35 | Group 1 | Group 2 |
| ***One large group (as students finish Megacode Test)***4:45 Exam (T5-T6)5:30 Remediation/Class Ends**Optional: ACS and Stroke Lessons (Lessons ACLS-Traditional 7 and ACLS-Traditional 8)** |