

Well done for achieving the *Healthy Eating Award!*

What's next?



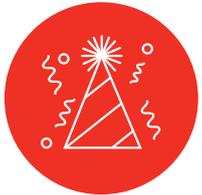
Let staff know

Make sure that key teams across your organisation know about your achievement. Start with senior management, occupational health, HR, communications, the Healthy Ireland Coordinator and Department of Nutrition and Dietetics. Allow them to help you spread the news further across the workplace too.



Display your achievement

Make sure your Healthy Eating Award Certificate is in a prominent location in the staff restaurant e.g. till area or entrance.



Hold a launch day

Invite staff to the restaurant to celebrate the achievement. Make it fun! Some facilities hold a fundraising event for the Irish Heart Foundation to launch the achievement of the award. If you are interested in holding a fundraising event contact our fundraising team on (01) 668 5001.



Spread the good news

Share pictures/posts on your facility's social media channels, submit an article to Health Matters or the local newsletter/magazine in your facility, or why not try contacting the local paper to publicise the achievement. If sharing on Facebook, Twitter, or Instagram, follow and tag the Irish Heart Foundation and HSE Health & Wellbeing. **#HealthyEatingAward**



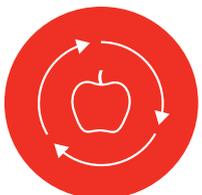
Let us know

We would love to hear how you have celebrated the award and see pictures from your workplace. Please email them to info@irishheart.ie and we will get back to you if there are any opportunities to share them on our channels.



Make your workplace heart-healthy

Now that you have received the Healthy Eating Award, link in with other staff initiatives like the social club, staff gym or Steps for Health initiative to keep them heart-healthy too.



Link in with health awareness events

Organise events in your workplace to tie in with National health awareness campaigns and days. For example, Valentine's Day for heart health in February or Heart Month and World Heart Day in September.



Keep going!

Keep the momentum going by highlighting your healthiest Happy Heart Menu choices.