

Heartsaver CPR AED Instructor-Led Course Agenda

Approximate course path duration without optional topics: 1½ hours;

time may be extended with additional topics

Student-instructor ratio 6:1; student-manikin ratio 3:1

Lesson times are estimates and can vary from course to course.

Lesson	Duration (in minutes)
Adult CPR AED	
Lesson 1: Adult CPR AED Introduction	9
Lesson 2: Adult CPR	28
Lesson 3: Use an AED (Adult)	8
Lesson 4: Adult CPR AED Conclusion	2
Lesson 5: Adult CPR and AED Skills Test	20
Lesson 6: Drug Overdose: Opioid-Associated Life-Threatening Emergencies	3
Lesson 7: Adult Choking	5
Lesson 8: Water Safety	4
Lesson 9: Conclusion (Delete if teaching Child CPR AED)	2
Child CPR AED (Optional; if teaching, add 41 minutes to course path duration)	
Lesson 1: Child CPR AED Introduction	9
Lesson 2: Use an AED (Child)	14
Lesson 3: Child CPR Skills Test	15
Lesson 4: Child Choking	3
Lesson 5: Conclusion (Delete if teaching Infant CPR)	2
Infant CPR (Optional; if teaching, add 37 minutes to course path duration)	
Lesson 1: Infant CPR Introduction	2
Lesson 2: Infant CPR	18
Lesson 3: Infant CPR Conclusion	2
Lesson 4: Infant CPR Skills Test	12
Lesson 5: Infant Choking	3
Lesson 6: Conclusion	2