



Family Favourites

Family
Time

How to play:

- Each card has a topic and five examples.
- Set a timer for 1 minute. Use the stopwatch on your phone or keep an eye on the clock. One person calls out the topic and everybody else names as many things to do with that topic as they can.
- For each answer that matches an example on the card you get a point.
- Keep track of your score The person with the most points at the end wins.

Things to do with Easter

Eggs
Cards
Easter bunny
Hoy cross buns
Easter hunt

Things to keep active

Dancing
Cycling
Playing
Walking
Skipping

Games you play with a ball

Basketball
Tennis
Football
Rugby
Dodgeball

Types of fruit

Apple
Orange
Banana
Grapes
Strawberry

Ways to eat eggs

Boiled
Fried
Scrambled
Poached
Omellette

Things to do with the heart

Beat
Organ
Valve
Cardio
Love

Things you wash

Hands
Face
Dishes
Clothes
Dog

Things found in the kitchen

Oven
Kettle
Fridge
Toaster
Microwave

Things made of paper

Money
Toilet roll
Aeroplanes
Wrapping paper
Newspaper

Why not make your own at home?

Pick a topic and write out the first five things that come to mind. Make sure no one else can see your answers. Set the timer to 1 minute and ask your family to name as many things as they can. Every time someone matches one of your answers, they get a point.



Irish Heart
Foundation