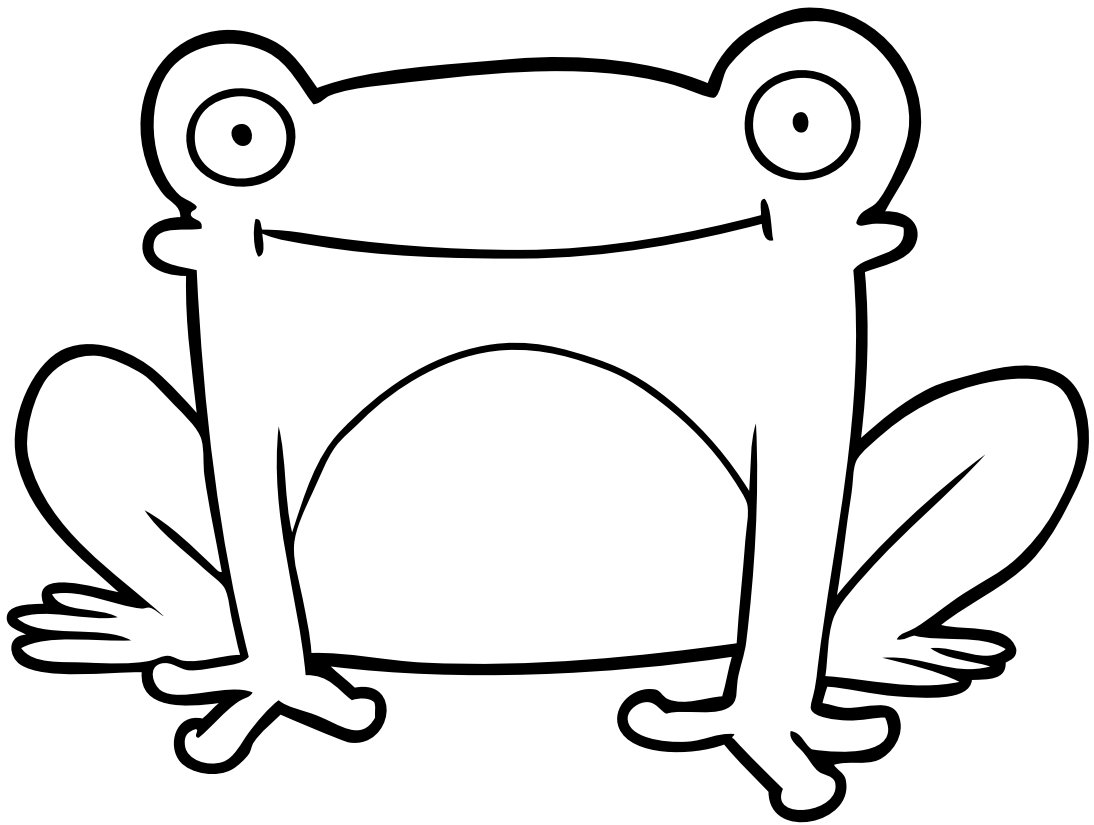


**Stomp
like an elephant**



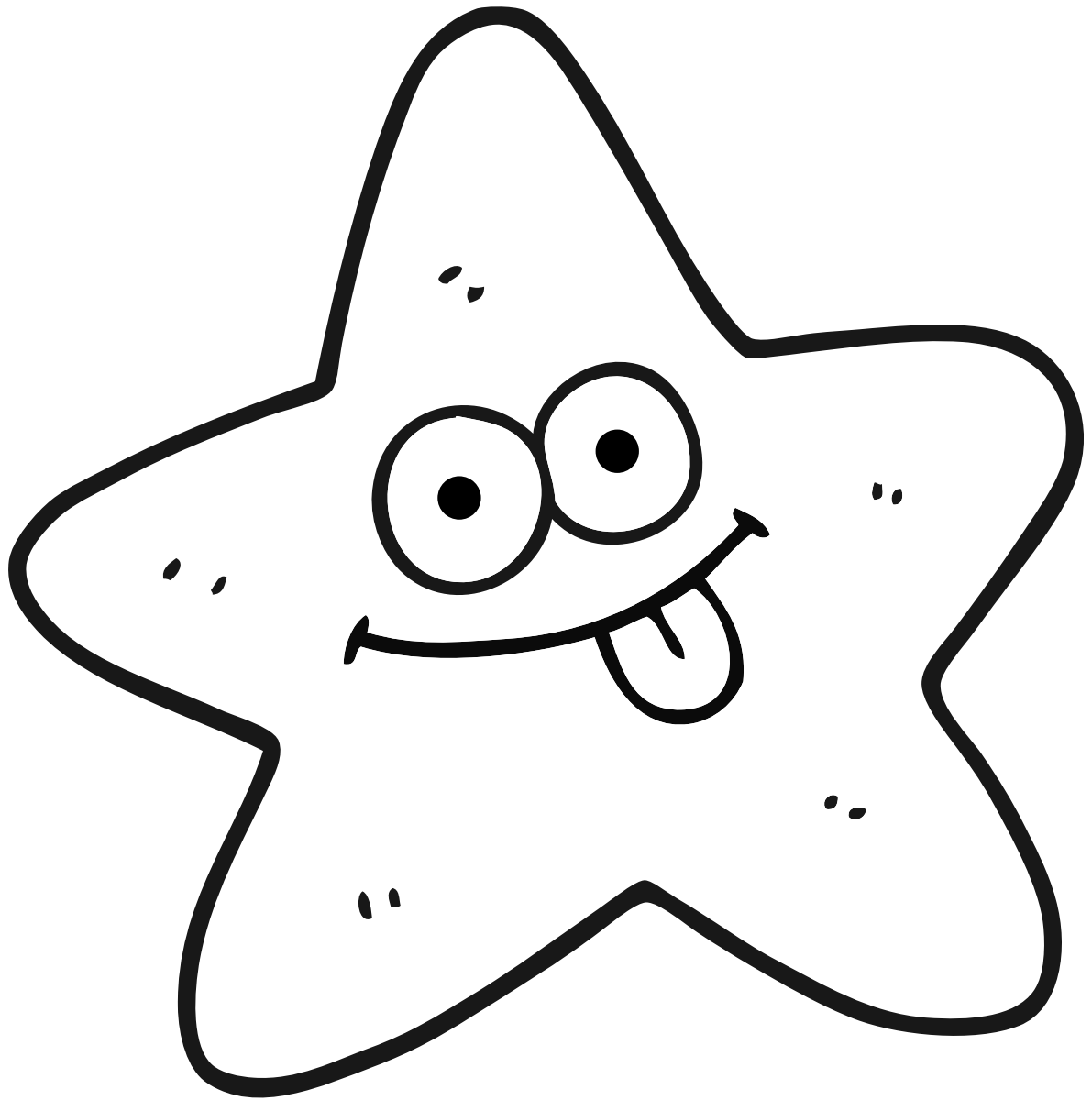
**Irish Heart
Foundation**



**Jump
like a frog**



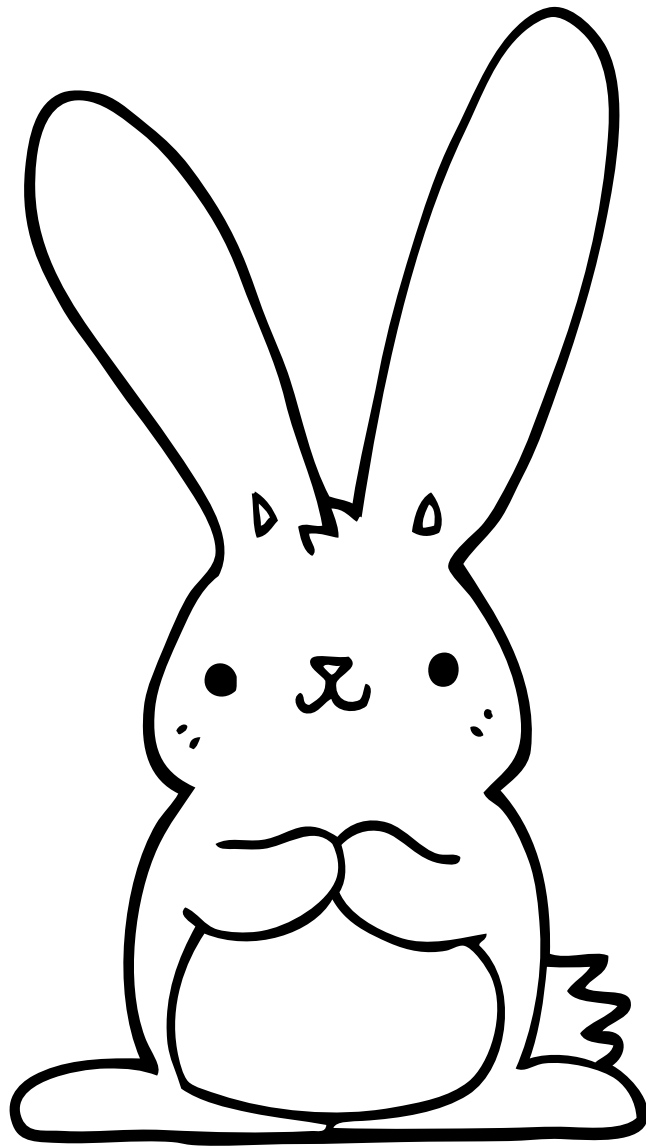
**Irish Heart
Foundation**



**Star jump
like a starfish**



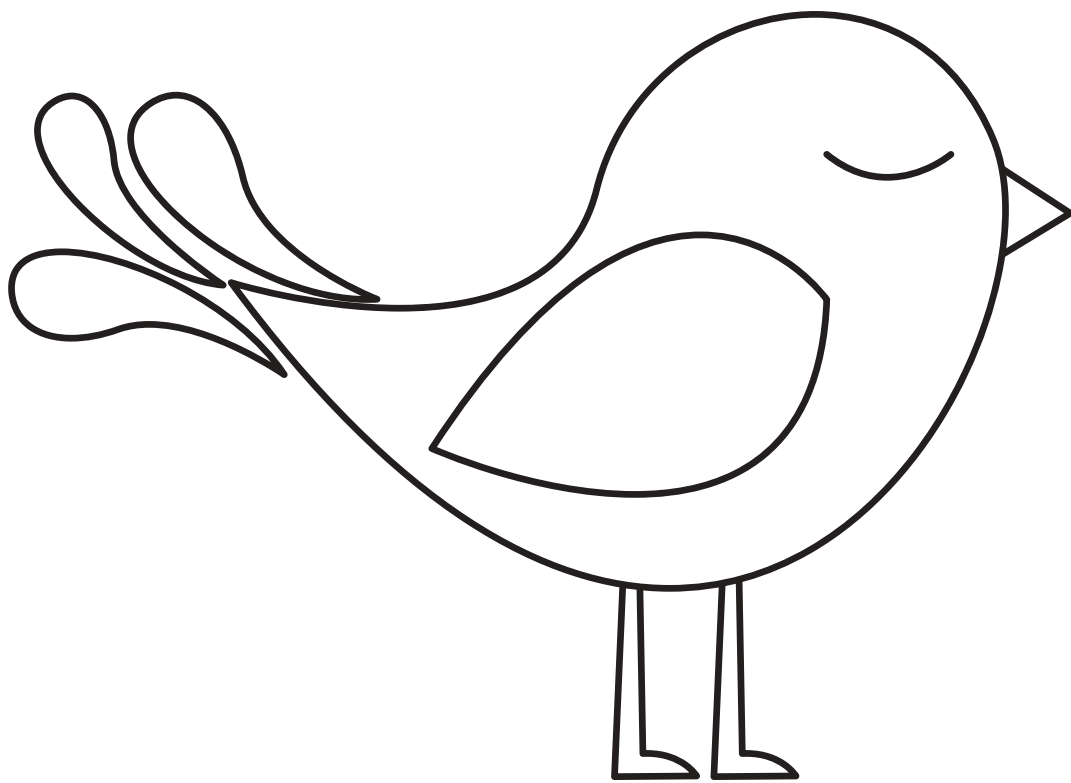
**Irish Heart
Foundation**



**Hop
like a bunny**



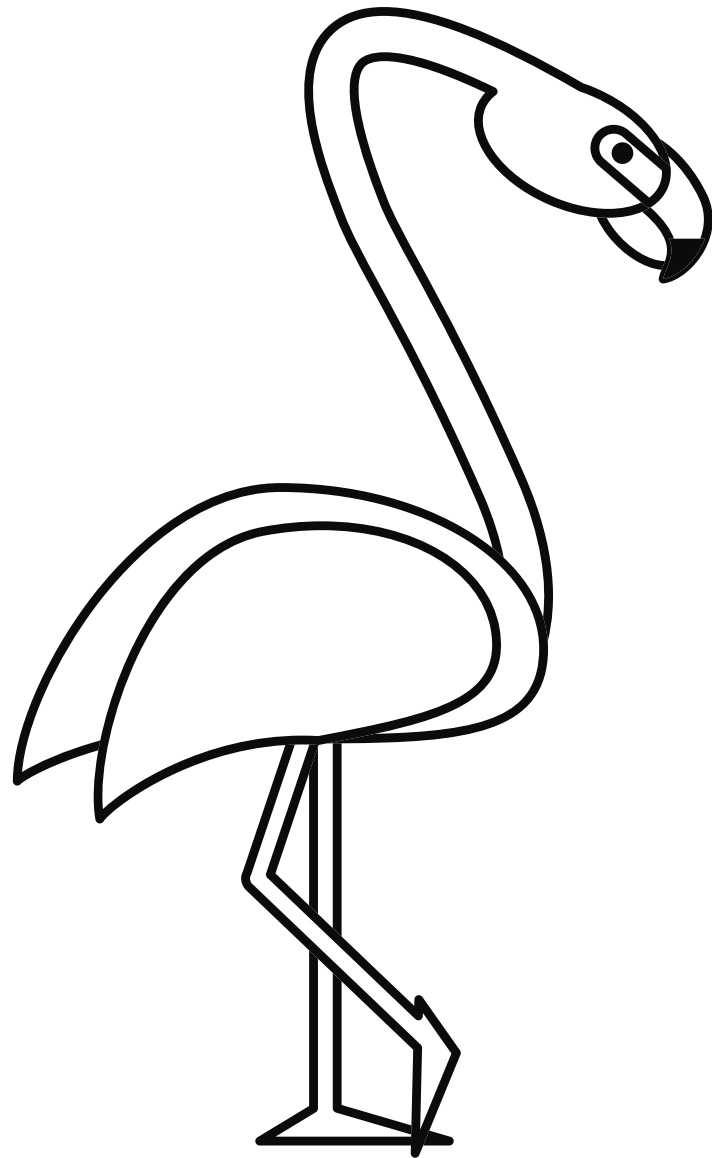
**Irish Heart
Foundation**



**Flap
like a bird**



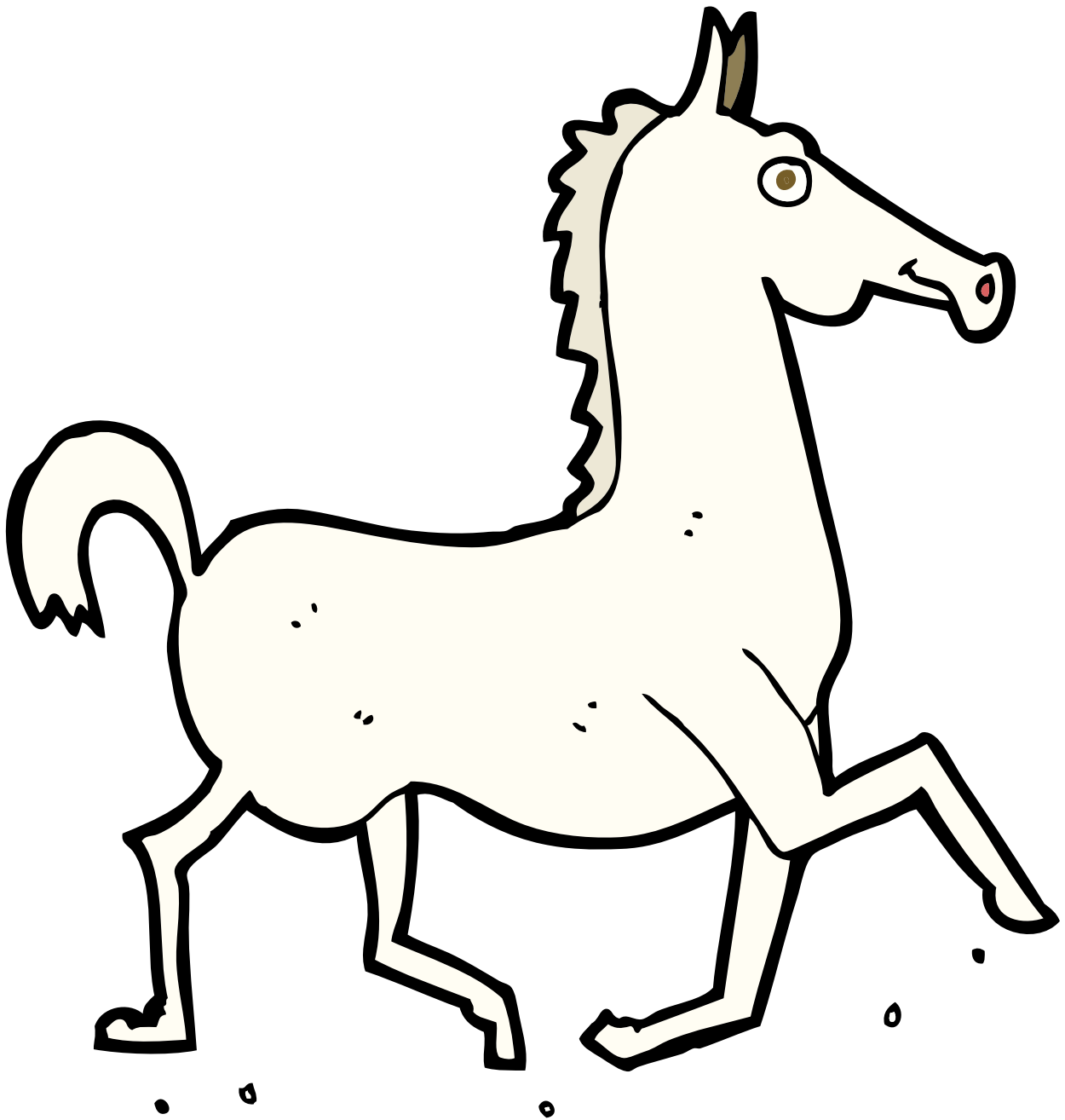
**Irish Heart
Foundation**



**Stand on one foot
like a flamingo**



**Irish Heart
Foundation**



**Gallop
like a horse**



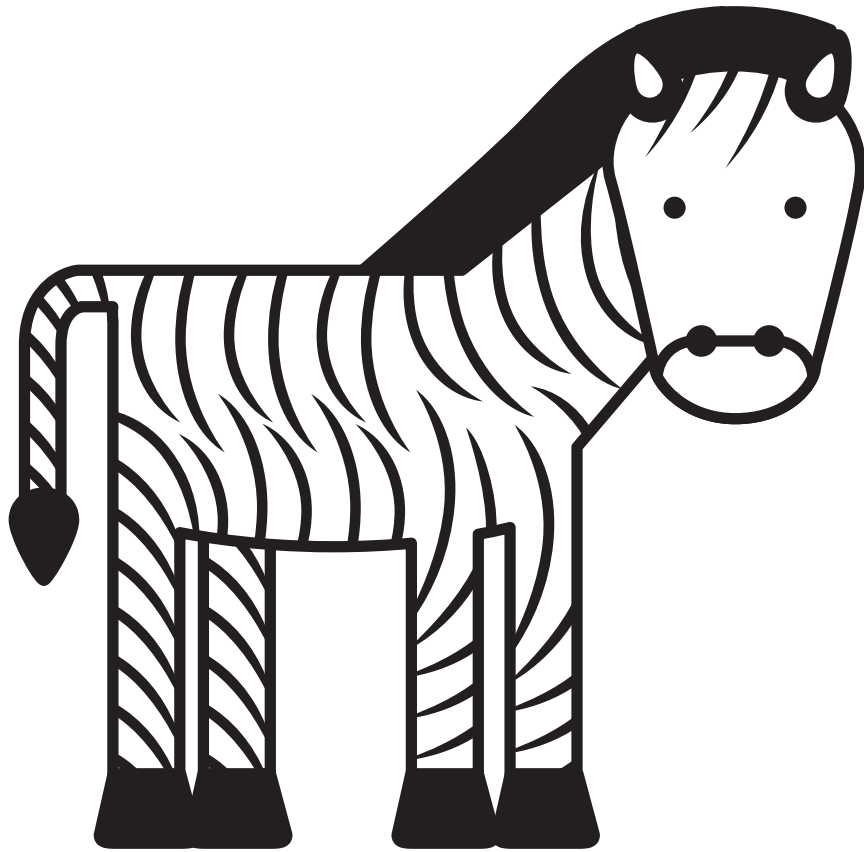
**Irish Heart
Foundation**



**Side-step
like a crab**



**Irish Heart
Foundation**



**Kick
like a zebra**



**Irish Heart
Foundation**