



The Irish Heart Foundation (IHF) is the national charity dedicated to fighting heart disease and stroke. Today in Ireland more people die from heart and stroke-related illnesses than from cancer, road deaths and suicide combined. Against this background, we work to bring hope, relief and a better future to families all over Ireland. We give vital patient support through our Heart & Stroke helpline, and we provide high-quality public information for all.

We support pioneering medical research, campaign for improved patient care, and promote positive public health strategies. We work in hospitals, schools and workplaces and schools to support, educate and train people to save lives.

As a charity, we are dependent on the generosity of the public to continue our vital good work. We ask the public to support our work by making a donation, giving of their time to volunteer or by learning the skills needed to save a life through our courses.

Job Title: Y-PATH Tutor – contactors

Reporting to: Children and Young People Manager

Location: Nationwide (Tutors will be assigned to their regional area, but some travel will be required)

ABOUT Y-PATH:

Y-PATH (Youth-Physical Activity Towards Health) is a whole-school physical literacy programme, with a focused element to support the delivery of Physical Education (PE), under Wellbeing at Junior Cycle. Y-PATH targets the delivery of Junior Cycle PE, with a clear emphasis towards fostering positive physical activity attitudes and behaviours. It works on developing health-related activity (HRA) and nutrition knowledge while also improving fundamental movement skills (FMS). Y-PATH envisages that young people make progress in movement skill proficiency, by developing self-confidence and self-esteem through quality PE instruction, with all of these qualities, in turn, enhancing their physical literacy and positive physical activity habits.

The programme resources offer support to PE teachers for the delivery of HRA in PE through six-week sets of HRA lesson plans for all first, second and third-year students. The remainder of the programme is less prescriptive; it strives to support the integration of HRA and FMS across all other strand areas with a clear emphasis on fostering self-efficacy, positive attitudes and maintaining a motivational climate in PE.



OVERALL RESPONSIBILITY:

Irish Heart Foundation in collaboration with Dublin City University is seeking a panel of tutors nationwide on a flexible and part-time basis to deliver CPD to teachers on the Y-PATH programme. We are seeking tutors across the country to deliver the programme in their region. It is expected that tutors will deliver 2-3 training sessions between September and December each year.

MAIN DUTIES:

Tutors will deliver the CPD in a 3-hour after-school workshop where teachers will be taken through the main components of Y-PATH and the philosophy and pedagogies behind it. Tutors will cover the Y-PATH resource pack including lesson plans, posters, HRA and FMS integration ideas in a fun and experiential way. Training takes place in schools and education centres. The Irish Heart Foundation will organise bookings and logistics of the courses.

PERSON SPECIFICATION

Successful candidates are expected to meet the following criteria:

- Degree in Physical Education teaching and fully registered with teaching council
- Minimum of 2 years experience in a similar role
- Excellent personal, interpersonal, communication and facilitation skills
- Access to a car and full driving licence is essential
- Must be flexible and available during early evening hours.

Note: Full training will be provided for successful applicants on **Saturday, September 8th, 2018** in Dublin City University, which tutors must be available to attend. In line with the Irish Heart Foundations policy, all successful applicants will be subject to Garda Vetting.

Successful applicants will be required to have an interview either by face to face or by skype.

The Irish Heart Foundation has a no smoking policy. Tutors are not permitted to smoke while undertaking any duties on behalf of Irish Heart.

The closing date for applications is 30th of June 2018

Please forward the application form to: Laura Hickey, Children & Young People Manager.

Email: schools@irishheart.ie

The Irish Heart Foundation is an equal opportunities employer.

