



## Happy Hearts 2018 Adopt a Station

The Irish Heart Foundation is the only national charity fighting Ireland's number one killer -- heart disease and stroke. Our Mission is to affect positive change in the lifestyles of Irish people, to achieve better outcomes for those affected by heart disease and stroke and to challenge when the health of our nation is at risk.

We can't provide our vital services without the assistance of individuals who volunteer, fundraise and support campaigns like Happy Hearts.

### **What is Happy Hearts?**

The Happy Hearts appeal is Irish Heart's annual flagship day that consists of fundraising collections at various locations throughout Ireland.

This year, Happy Hearts takes place on **Friday, 11th May**. We are currently recruiting companies to ADOPT a LUAS or DART STATION during morning and evening hours when stations are the busiest (7-9 am and 4-7 pm).

We will provide you with the buckets and T-Shirts, all you have to do is organise your employees to cover the station during heavy traffic to maximise their volunteer hours! You can wear your own branded T-Shirts or apparel to highlight your company. It's a great way to show the community that you are giving back!

With over 10,000 fatalities throughout Ireland from cardiovascular disease, this is Ireland's greatest killer. By giving your time to our Happy Heart appeal you will be helping make life better for all of us. Stations will be allocated on a first come, first served basis, so please let us know if you have an interest in 'Adopting a Station!'

### ***Specific Duties include:***

- Accepting donations on behalf of Irish Heart at an agreed location that suits you and the team on 11<sup>th</sup> May 2018.
- Greet and thank any member of the public who makes a donation to the Irish Heart Foundation.

**This is a great team building opportunity for your staff  
to join together as 'lifesavers'.**

**For further information and details email: [ehennessy@irishheart.ie](mailto:ehennessy@irishheart.ie)**