



## Pay attention to the signs of heart failure

It can be easy to ignore the signs, but symptoms like  
**fatigue** | **shortness of breath** | **swollen ankles**  
can be signs of heart failure.

And that your heart isn't working as well as it can.  
The good news is heart failure is treatable.

**To know more about heart failure:  
Freefone 1800 25 25 50 or visit [knowyourheart.ie](http://knowyourheart.ie)**