



## Slí@School

# Walking Route Set up Guide

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Feidhmeannacht na Seirbhíse Sláinte  
Health Service Executive



Walk for Health | Walk for Fun | Walk for Life

## Introduction

Slí na Sláinte is a health promotion initiative of the Irish Heart Foundation, supported by the HSE and the Irish Sports Council, aimed at encouraging people of all ages and abilities to walk for pleasure and general health. There is a network of over 220 Slí na Sláinte marked and measured walking routes in place throughout the country. Apart from the community setting, Slí routes can be developed in workplaces and schools.

## Signage

The map board will display the routes, distance, time, step count and the national physical activity guidelines.

## What happens next if a school wants to go ahead with the Slí@School?

- A consultation can be arranged to assess and measure the chosen routes and assess the signage needed. The school should source a map of the grounds if possible.
- A quote is provided and signage order form prepared. The school should include their payment and delivery details on the order form which is to be sent to the signage company.
- The school representative should send on the school logo.
- The map work drafts are sent to the school for approval. Once the drafts are signed off signage is prepared and delivered directly to the school. Lead-time from approval of drafts to delivery is approximately 2 weeks.
- Once signage is installed the IHF will assist with and attend the launch.

## Typical costs

Option 1 -	Outdoor wall mounted map board A2	€65.00 + VAT
Option 2 -	Indoor Aluframe map board A2	€36.00 + VAT
	Graphic design charge	€135.00 + VAT
	Delivery	€35.00 + VAT
	IHF Consultation Fee	€150.00

VAT on signage costs is 23%

Schools can opt for a digital print only if they wish to display the map on visual display boards. This cuts out the signage and delivery charge.